How do I find a Boulder Valley Care Network Medical Provider and help lower my expenses?

Both the Performance Medical Plan and the Choice High Deductible Medical Plan pay claims according to what network you use. Your out-of-pocket expenses should be less if you use a Boulder Valley Care Network Provider.

You can now see if a provider is a part of the BVCN through myCigna.com and the myCigna app! See Section 2 for instructions.

Boulder Valley Care Network Providers fall into one of three categories:

1. Physicians who are employed by Boulder Community Health



For physician names, bios and office hours, please go to www.bch.org/locations for more location information.

Primary Care Clinics

Primary Care Services

Anchor Point Primary Care 1645 Broadway Boulder, CO 80302 • 303-415-8900 Anchor Point Primary Care

Boulder Creek Family Medicine Reynolds Family Medical Building 1755 48th Street, Suite 200 Boulder, CO 80303 * 303-415-7450 Boulder Creek Family Medicine

Erie Family Medicine 101 Erie Pkwy, Suite 201 Erie, CO 80516 • 303-415-5813

Erie Family Medicine

Family Medical Associates 1000 W. South Boulder Rd, Suite 110 Lafayette, CO 80026 • 303-415-4355 Family Medical Associates

Frontier Internal Medicine 2101 Ken Pratt Blvd, Suite 104 Longmont, CO 80501 • 303-415-4155

Frontier Internal Medicine

Gunbarrel Family Medicine 6685 Gunpark Drive East, Suite 110 Boulder, CO 80301 • 303-415-7599 Gunbarrel Family Medicine

Internal Medicine Associates of Boulder

5495 Arapahoe Avenue, Suite 100 Boulder, CO 80303 • 303-415-4250 Internal Medicine Associates of Boulder

Erie Primary Care 101 Erie Pkwy, Suite 201 Erie, CO 80516 • 303-415-8820 Erie Primary Care

Northwest Family Medicine 3 Superior Drive, Suite 100B Superior, CO 80027 • 303-415-8940 Northwest Family Medicine

Urgent Care

BCH Urgent Care -Erie 101 Erie Parkway, Suite 101 Erie, CO 80516 • 303-415-5810 Urgent Care Services

Lab and Imaging Services

Available in Boulder, Erie and Lafayette Laboratory Services Imaging Services

Specialty Clinics

Neurology

Neurology Services

Boulder Neurosurgical & Spine Associates

4743 Arapahoe Ave #202 Boulder, CO 80301 • 303-938-5700 Boulder Neurological & Spine Associates

Associated Neurologists 4801 Riverbend Road, Suite 200 Boulder, CO 80301 • 303-415-8800

Associated Neurologists

Cardiology and Pulmonology
Cardiology Services

Boulder Heart

BOULDER Anderson Medical Center

4743 Arapahoe Ave, Suite 201 Boulder, CO 80303 • 303-442-2395

ERIE

Erie Medical Center 101 Erie Pkwy, Suite 201 Erie, CO 80516 • 303-442-2395

LAFAYETTE

Community Medical Center 1000 W. South Boulder Rd, Suite 216

Lafayette, CO 80026 • 303-442-2395

LONGMONT

201 Ken Pratt Blvd, Suite 104 Longmont, CO 80501 • 303-442-2395

Boulder Valley Pulmonology 4820 Riverbend Rd, Suite 100 Boulder, CO 80301 • 303-415-5399

Pulmonary Services

Outpatient Cardiac and Pulmonary Rehabilitation

4800 Riverbend Road, Suite 100 Boulder, CO 80301 • 303-415-4850 Cardiac and Pulmonary Rehabilitation Services

Sleep Medicine

BCH Sleep Diagnostics 4895 Riverbend Road Boulder, CO 80301 • 303-415-8890 Sleep Medicine Services

Surgery

Boulder Valley Surgical AssociatesBOULDER

4743 Arapahoe Avenue, Suite 100 Boulder, CO 80303 • 303-443-2123

Surgical Services

Women's Health
Women's Health Services

Foothills Community Midwives Foothills Community Midwives

BOULDER

4745 Arapahoe Ave, Suite 140 Boulder, CO 80303 • 303-415-4045

ERIE

101 Erie Pkwy, Suite 201 Erie, CO 80516 • 303-415-4045

Boulder Women's Care Boulder Women's Care

BOULDER

4745 Arapahoe Avenue, Suite 320 Boulder, CO 80303 • 303-441-0587

ERIE

Erie Medical Center 101 Erie Parkway, Suite 201 Erie, CO 80516 • 303-441-0587

LONGMONT

2101 Ken Pratt Boulevard, Suite 104 Longmont, CO 80501 • 303-442-2395

Endocrinology

Endocrinology Associates of BCH - Superior

3 Superior Drive, Suite 100B Superior, CO 80027 ◆ 303-415-4344 <u>Endocrinology Associates of BCH</u>

Wound Healing
Wound Healing Center
4880 Riverbend, Suite 100
Boulder, CO 80301 • 303-415-8880
Wound Care Services

Rehabilitation (continued 2nd page)
Rehabilitation Services

Occupational Health

1000 W. South Boulder Rd, Suite 214 Lafayette, CO 80026 • 303-415-4340 Occupational Health Services

Center for Integrative Care

4715 Arapahoe Avenue Boulder, CO 80303 • 303-415-7292 Cancer Support Therapy

Hand & Upper Extremity Therapy 1000 W.South Boulder Rd, Suite 210 Lafayette, CO 80026 • 303-415-4400 Hand & Upper Extremity Therapy

Rehabilitation Continued

Adult Rehabilitation

BROOMFIELD (UC HEALTH) - Inpatient 11820 Destination Drive, 3rd Floor Broomfield, CO 80021 • 303-464-4704 Inpatient Rehabilitation Services

LAFAYETTE - Outpatient

1000 W. South Boulder Rd, Suite 210 Lafayette, CO 80026 • 303-415-4400 Outpatient Rehabilitation

Hand & Upper Extremity Therapy

1000 W.South Boulder Rd, Suite 210 Lafayette, CO 80026 • 303-415-4400 Hand & Upper Extremity Therapy

CU Sports Medicine and Performance Center (Physical Therapy, Orthopedic Physician Visits and Imaging) *

2150 Stadium Drive, 2nd Floor Boulder, CO 80309 • 303-315-9900 CU Sports Medicine Center

*Surgery must be done at Foothills Hospital for facility fees to be charged as Tier 1

Mental Health Mental Health Services

BCH Counseling Center

4801 Riverbend Road, Suite 120a Boulder, CO 80301 • 303-415-4299

BCH Counseling Center

Guerra Fisher Institute &

Boulder ECT

4801 Riverbend Road, Suite 100 Boulder, CO 80301 • 303-

415 8611

Guerra Fisher Institute & Boulder

Center for Mind Body Medicine

4801 Riverbend Road, Suite 120b Boulder, CO 80301 • 303-415-8615

Mind Body Medicine

Infectious Disease

Beacon Center for Infectious Disease and World Wide Travel Clinic

4800 Riverbend Rd, Suite 200 Boulder, CO 80301 • 303-415-8850 Infectious Disease Services

2. Providers who are a part of the Boulder Valley Care Network

NEW IN OCTOBER 2023: Find a BVCN provider by visiting <u>mycigna.com</u> or downloading the MyCigna app. Once there, choose Find Care & Costs to search for a provider by type, name, location or reason for visit. See a list of available providers & take note that providers within the BVCN are now listed as **Tier 1 - Boulder Valley Care Network**.

As always, you can continue to visit www.mybvcn.org > For Patients > Provider Directory to find detailed information on eligible locations, providers, and services.

BOULDER VALLEY CARE NETWORK

3. Providers who practice pediatric care at Children's Hospital Colorado

This includes specialty care and inpatient and outpatient care for children. The only exclusion is Primary Care

Physicians through Children's Hospital Colorado.

Children's Hospital Colorado

Important Information

Foothills Surgery Center and Boulder Surgery Center are **NOT** part of the Boulder Valley Care Network except for eye surgery performed by Boulder Eye Surgeons and pediatric surgeries performed at Foothills Surgery Center. Inpatient and Outpatient surgery can be done at Foothills Hospital at Boulder Valley Care Network rates.

Boulder MRI at Community Medical Center is **NOT** a Boulder Valley Care Network Provider. To stay in the Boulder Valley Care Network, go to Foothills Hospital for an MRI.

For more information on all Boulder Valley Care Network imaging services, call 303-415-5170 or visit bch.org/imaging.

Questions? Please email your BCH Benefits Team at totalrewards@bch.org